

Garth Taylor Jiu-Jitsu and Martial Arts - Weekly Schedule

Effective:
10/29/2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00 AM						Kickboxing (All Levels)	
11:00 AM						Jiu-Jitsu (Adults)	Jiu-Jitsu (Adults)
Noon	Jiu-Jitsu (Adults)	Jiu-Jitsu (Adults)	No-Gi Jiu-Jitsu (Adults)	Jiu-Jitsu (Adults)	Jiu-Jitsu (Adults)	Open Mat	Open Mat
1:00 PM							
2:00 PM							
3:00 PM							
3:30 PM	Jiu-Jitsu (Mini Monsters)		Jiu-Jitsu (Mini Monsters)		Jiu-Jitsu (Mini Monsters)		Age Groups:
4:00 PM	Jiu-Jitsu (Kids)	Jiu-Jitsu (Kids and Youths)	Jiu-Jitsu (Kids)	Jiu-Jitsu (Kids and Youths)	Jiu-Jitsu (Kids)		Mini Monsters: Ages 3.5 - 5
5:00 PM	Jiu-Jitsu (Youths)	Kickboxing (Beg. & Youths)	Jiu-Jitsu (Youths)	Kickboxing (Beg. & Youths)	Jiu-Jitsu (Youths)		Kids: Ages 6 - 8
6:00 PM Concurrent Classes	BJJ 101 & Intermediate / Advanced (Adults)	No-Gi Jiu-Jitsu (Adults)	BJJ 101 & Intermediate / Advanced (Adults)	No-Gi Jiu-Jitsu (Adults)	Jiu-Jitsu (Adults)		Youths: Ages 9 - 15
		Kickboxing (Int. / Adv.)		Kickboxing (Int. / Adv.)			Adults: Age 16 and Up
7:00 PM	Open Mat	Open Mat	Open Mat	Open Mat	Open Mat		

Please visit www.garhtaylorjj.com or call 831.278.2650 for more information.